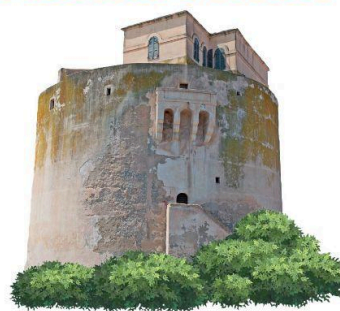


# ICHNOS VINTAGE CUP III

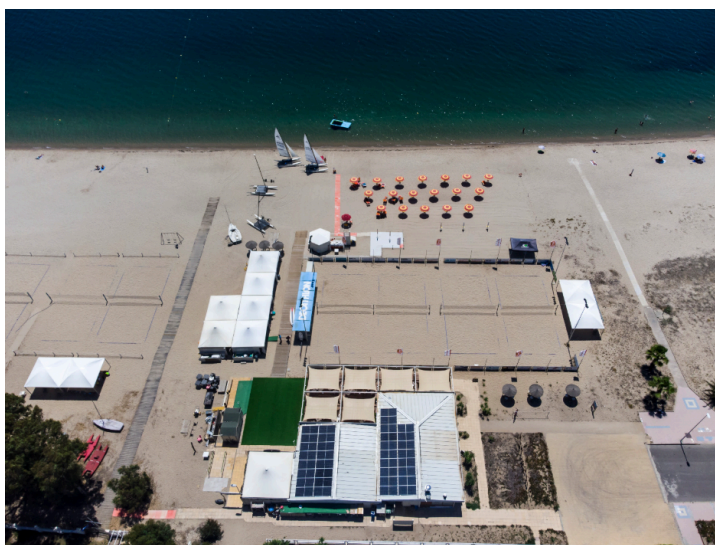
2025  
JUNE  
27-29  
ORISTANO  
TORREGRANDE  
SARDINIA, ITALY





**Sardinia Windsurfing Museum**  
organize :

SAILING  
**ICHNOS VINTAGE CUP**  
27-28-29 Giugno 2025



Eolo scuola di windsurf



<https://www.eolowindsurf.com/>

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# ICHNOS VINTAGE CUP III

Program	
<b>Fri 27</b>	<p><b>17.30</b> Welcome to participants, presentation of places and historical reminiscence. Assignment and preparation of windsurfs. Free outing in the Torregrande bay.</p> <p><b>20.30</b> Dinner</p>
<b>Sat 28</b>	<p><b>09.00</b> Briefing on the beach.</p> <p><b>10.00</b> Sailing and multimedia production in the bay</p> <p><b>12.00</b> Short Distance</p> <p><b>14.00</b> Lunch at Eolo.</p> <p><b>15.00-18.30</b> Relax on the beach, free time at sea.</p> <p><b>21.00</b> Barbecue, live music and evening at Eolo</p>
<b>Sun 29</b>	<p><b>09.30</b> Briefing on the beach.</p> <p><b>10.00</b> Skill games at sea: Mini tournament and Freestyle.</p> <p><b>14.00</b> Lunch at Eolo.</p> <p><b>15.30</b> Prizes for the most daring and for the sea wolves, gadgets and various greetings</p>

# ICHNOS VINTAGE CUP III



What's meaning "Ichnos"?

It was the ancient Greeks who gave Sardinia the name of Ichnusa or Ichnos, due to its shape which, seen from above, resembled the shape of a sandal or the footprint.

There is also a legend about the origin of the name of Ichnos, which God, in the act of creating the island, gathered a pile of stones and impressed on it with his foot with force.



## 1. REGULATIONS

It is a sailing race of vintage boards with dacron daggerboards and triangular sails in Solanas Bay. The simple rules of "recreational sailing" will be applied where no technical characteristics are foreseen.

## 2. ADMISSION AND REGISTRATION

The event is reserved for owners of vintage windsurf boards, boards up to the year 1990 with daggerboards and triangular sails (no monofilm), owners of Windsurfer LT and participants with the possibility of having a complete vintage windsurf made available by the organizers.

## 3. MEMBERSHIP

Participants must have:

- Minimum age of 16
- Great desire to have fun



#### 4. COST OF THE REGISTRATION

	Until 20/05/2022	After 20/05/2022
<i>Registration + materials</i>	<b>120 €</b>	<b>130 €</b>
<i>Registration for owner of their own windsurf</i>	<b>40 €</b>	<b>50 €</b>

The standard fee includes:

- Equipment for three full days
- 2 lunches and a barbecue with 1 drink of your choice
- Ichnos vintage cup gadget
- Accommodation agreement indicated by us below

The fee DOES NOT include:

- What is not mentioned

The fee for owners of their own windsurf includes:

- 2 lunches and a barbecue with 1 drink of your choice
- Ichnos vintage cup gadget
- Accommodation agreement indicated by us below

The fee DOES NOT include:

- What is not mentioned

**To register, fill out the online form in the following link:**

<https://forms.gle/cRheMJTvCbQPtj4E7>

Payment must be made by bank transfer to:

ASD Eolo Beach Sports:

IBAN: **IT16C010051740000000000207**

In the reason for payment indicate "Name Surname - ICHNOS VINTAGE CUP 2025"

If you have made the payment, send a whatsapp by clicking this link:

<https://wa.me/+393455188325>

## 5. WHERE IS THE EVENT



*TORREGRANDE ORISTANO*









#### 6. SHORT DISTANCE SATURDAY 28

Single start from the shore of the beach. The Short Distance sailing will be carried out from inside the Torregrande bay and will go around a single buoy or two, depending on the weather conditions. There and back, admiring the beautiful coast in good company. The arrival at the same point of departure.



#### 7. SUNDAY 29 GAMES

Early in the morning we will dedicate an hour to freestyle to produce photographic material, with a prize for the best figure.

Afterwards, we will play a short speed game: you will have to go around a buoy about 200 meters from the beach and the first one who touches the sand with the bow passes. Based on the number of participants, rounds will be created up to the semifinals and finals. Two attempts each! Each round will involve 6 athletes, two against two on the same boards chosen at random, and the first 3 will pass, the other 3 will still have one attempt. Who will reach the final??



#### 8. WIND LIMITS

For the start of a starting procedure it is necessary that the wind detected by the organizers is **equal to or less than 12 knots**.

#### 9. LOGISTICS

The sailboards will be able to stop in the area assigned to them by the Organizing Club for the duration of the event.

#### 10. ENVIRONMENTAL RESPONSIBILITY

Recalling the Basic Principle that mentions: "Participants are encouraged to minimize any negative environmental impact of the sport of sailing", we recommend the utmost attention to environmental protection in all moments that accompany the practice of the sport of sailing before, during and after the event. In particular, attention is drawn to RRS 47 (Waste Disposal) which verbatim states: "Participants and support people must not throw deliberately waste in the water and on the beach."

#### 11. PHOTOGRAPHIC AND TELEVISION RIGHTS

Participants grant the Organizers full right and permission to publish and / or broadcast by any means, any photograph or filmed footage of people or boats during the event, including but not limited to, television commercials and anything else that may be used for its own editorial or advertising purposes or for printed information.



## 12. HOW TO GO IN SARDINIA

<b>AIRPORT</b> ✈️ to Oristano	<b>PORT</b> 🚢 to Oristano
Cagliari (sud, 102 km, 60 min of car)	Cagliari
Olbia (nord est, 185 km, 100 min of car)	Olbia
Alghero (nord ovest, 156 km, 90 min of car)	Porto Torres (nord est, 150 km, 100 min of car)

